

# Decorah ❖ Unitarian ❖ Universalist ❖ Fellowship

Sunday, October 2, 2022

Gathering virtually since 2020!

[decorahuu.org](http://decorahuu.org)

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## Welcome and Announcements

Today's service relates to our 3<sup>rd</sup> UU Principle Acceptance of one another & encouragement to spiritual growth in our congregations.

### Chalice Lighting

...Rev. Bets Wienecke

May this flame, symbol of transformation since time began, fire our curiosity, strengthen our wills, and sustain our courage as we seek what is good within and around us.

### Land Acknowledgement

### Opening Song #123 *Spirit of Life*

### Opening Words *All Is Dukkha*

...Rev. Elizabeth Tarbox, adapted

Joys and Sorrows You may light a votive candle as you share any joys or concerns with the Fellowship.

### Silent Meditation / Response

...Ellen Rockne

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Your joy is my joy, your sor - row my sor-row. To -  
geth - er we live our days. To - geth - er we love this place. In be -  
lov - ed com - mu - ni - ty, we are not a - lone.

### Responsive Reading *When I Change*

...Rev. M.T. Gustilo Gallardo

Congregational Response: **When I change, the world changes.**

Offering / Response #128 For all that is our life, we sing our thanks and praise. For all life is a gift that we are called to use to build the common good, and make our own days glad.

...Findlow / Rickey

### Reading *Living in the Body*

...Joyce Sutphen

### A Story *The Cookie Thief*

...Valerie Cox

## Reflections on Change and Transformation

Some Questions to Consider:

- What did you plant in the spring that is ready for you to harvest? Have you seen fruits from your labor?
- Where do I need to restore balance in my life?
- What changes must I prepare for in the months ahead?
- What must I give a good death to in my life, something that is dying back and reaching a natural conclusion?

## Closing Song #163 For the Earth Forever Turning

### Extinguishing the Chalice

...Rev. Andrew Pakula, adapted

We extinguish this chalice with a firm desire to know fully and deeply the blessings of each season of our lives. We welcome the inward turning of winter, springtime's lush renewal, the steady growth of summer, and now the rich autumn harvest. May we carry the light of each season with us, not fearing change, but welcoming the transformation within and around us. Blessed be!



### Announcements

Thank you to Lyra McKnight & to Sue Otte for co-leading the service today. They wish you a good transition into the next season, and hope that finding balance in our lives will be something we all can work on ourselves, and with those whom we love.

**Share-the-Plate** - Our plate recipient for September-October is **Meskwaki Language Preservation**. To donate to the recipient, simply designate so on your check or offering envelope, or place in the labeled envelope in the offering plate.

### Upcoming Sundays

**October 9** - To be announced.

**October 16** - *Blessings From the Pandemic*, with Shawn & Detra Dettmann. During the service, we'll also welcome Bronze Quinton to our Fellowship as a new member.

**October 23** - *Disability Rights and Art Activism*, with Julie Russell Steuart. Carolyn Corbin, service leader. Following the service, there will be an informal "memorial" social time to honor **Mona Quinn**.

**October 30** - *Touching the Roots of Our Ancestors*, with Sue Otte.

**Decorah UU Board of Trustees** - Board members for 2022-2023 are Julie Ohde (Chair), Maggie Hayden (Treasurer), Lyra McKnight, Lynn Pleggenkuhle and Shawn Dettmann. The next meeting of the Board is October 12, 7:00 p.m. at the home of Maggie Hayden.

**Decorah UU Greeters** - We would like to have a greeter at each service, and more sign-up dates are available. If you are interested in helping out in this way, please complete the **Greeter Sign-Up form**. Greeter duties are detailed in **Decorah UU Greeters**. (There are links for both documents in This Week at Decorah UU.) If you have any questions, please contact Beth Wahlberg or Julie Ohde.

**We Won't Go Back Rally** - There will be a *We Won't Go Back Rally* on Saturday, October 22, 10:00 a.m. at the Water Street Plaza in Decorah. To find out more, contact [decorahaction@gmail.com](mailto:decorahaction@gmail.com).

**Mona Quinn** - Immediately following our October 23rd service, there will be an informal "memorial" social time in honor of Mona Quinn. Refreshments will be provided by Mona's family members, some of whom will be present, along with friends from other realms of Mona's Decorah life. Please consider joining us in honor of our dearly departed Mona: to chat, tell stories, laugh and enjoy one another's company, as she would have wanted. (Masks will be optional.)

**Growing relationships between Decorah and Meskwaki Folks** - the Meskwaki Nation opens Language Preservation to Decorah friends. The Meskwaki Language Primer was first printed in the 1980's. Due to the thriving language program, it is time for a reprinting of the Language Primer book. Those interested in building relations with the Meskwaki Nation can contribute to this project with cash contributions to Meskwaki Language Preservation. "This book is a treasure on so many levels and I think our Meskwaki Language learners will enjoy it," language learner, Shelley Buffalo. See *This Week* for more info.

**Strategies of Hope and Resistance** - Join us for the last discussion in this series: Wednesday, October 26, 6:30 - 7:30 p.m. at the Lingonberry, 218 West Water Street, Decorah.

**Decorah UU Holiday Benefit Auction** - As you are cleaning closets and garages, set aside your special treasures for the UU auction.

**ICWA** - The *Indigenous Child Welfare Act* will be considered by the Supreme Court this fall. Just like the undoing of *Roe v. Wade*, chopping ICWA's power to protect Indigenous Children is part of a larger strategy to undermine Democracy. To learn more, see the link in upcoming Decorah UU newsletters for an Indigenous perspective on this topic. If the spirit moves you, you can write a letter to your representatives with a request to ban tear gas use. Read the article to see why this is a strategic request.

**Decorah Community Food Pantry** - "Food is the moral right of all who are born into this world." Norman Borlaug. To raise awareness of our neighbors who are food insecure and to recognize World Food Day, the Decorah Community Food Pantry will sponsor a walk on Sunday, October 23. Participate in this family event by registering at the Pantry (110 Railroad St.) at 1:00 PM with either a free will donation or a non-perishable food item or simply signing as a participant.

