

# Decorah ♦ Unitarian ♦ Universalist ♦ Fellowship

Sunday, August 16, 2020

Gathering virtually since 2020!

[www.decorahuu.org](http://www.decorahuu.org)

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## Welcome and Announcements

Today's service relates to our 2nd UU Principle Justice, equity and compassion in human relations.

## Chalice Lighting *The Meaning of the Chalice*

For some, the chalice cup is a communion cup, freely offered to all who would seek the greater Truth. Others see the circle of fellowship in its embracing sides. The sacred hoop of its rim, the ambient energy cradled in its basin, the abiding, grounded strength of its pedestal: may all be lit by the fire of spiritual integrity; so too may we each be bathed in the glow of our shared Truth, multifaceted and radiant.

...[Martha Kirby Capo](#)

## Land Acknowledgement

## Opening Song

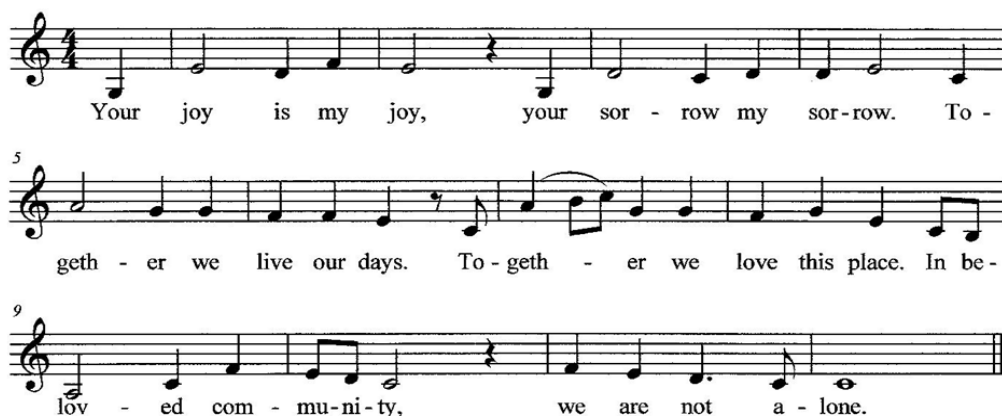
...Lalie Madriguera, Decorah UU member

Joys and Sorrows Please raise your Zoom hand to share any personal joy or concern with the Fellowship.

## Silence/Response

## Your Joy Is My Joy

Ellen Rockne



Your joy is my joy, your sor-row my sor-row. To -  
geth - er we live our days. To - geth - er we love this place. In be -  
lov - ed com - mu-ni-ty, we are not a - lone.

Offering/Offertory For all that is our life, we sing our thanks and praise; for all life is a gift that we are called to use to build the common good, and make our own days glad. ...Bruce Findlow/Patrick Rickey

## Reading *The Guest House*

...Rumi

**Collective Creative Care** - for compassion in these troubled and uncertain times  
while reckoning with racism and pandemic

Karen Misseldine

## Closing Reading *blessing the boats*

...Lucille Clifton

## Extinguishing the Chalice *As Breath to Song*

As flame is to spirit, so spirit is to breath, and breath to song. Though we extinguish the flame in this sanctuary, may we tend it in our hearts until we meet again.

...[Becky Laurent](#)



## Announcements

**Thank you** to our guest speaker this morning: **Karen Misseldine** is a Licensed Mental Health Counselor and Registered Art Therapist with certification in EMDR and Mindfulness Cognitive Therapy. For over 25 years, Karen has been honored to hear stories and to have the privilege to creatively collaborate with individuals on their path to healing and living life more fully. Karen provides individual, couples, family and group therapy at her private practice, *Art Therapy Counseling* and at *Northeast Iowa Behavioral Health*. All this is through Telehealth/video or phone therapy during the COVID pandemic and, yes, Art Therapy is possible through these platforms! Thank you as well to today's service leader, **Carolyn Corbin**. ❖ After the service, please treat yourself to a little something, and we'll be in touch again soon.

**Share-the-Plate** - Our plate recipient for July-August is *Collective Action for Racial Equity (CARE)*. To donate to the plate recipient, see Decorah UU Giving, below. Or if you prefer to mail a check, please note "Share the Plate" in the memo line, and mail to PO Box 382, Decorah, IA 52101.

### **Upcoming Sundays**

**August 23** - *No service*, as Decorah UU continues its every-other-Sunday schedule.

**August 30** - *The power of local media telling stories of social change and democracy*. Local journalist for the Decorah Newspapers, Julie Berg-Raymond shares why local newspapers are essential for democracy and why she prioritizes covering stories of race and equality.

**September 6** - *No service* as Decorah UU continues its every-other-Sunday schedule.

**September 13** - *Ingathering at Twin Springs Park*. We will have an in-person outdoor physically distanced, masked, and very careful ingathering service, assembling for the first time in 25 weeks! (Please note we will otherwise continue to have virtual services in Zoom.) As ever, the ingathering service will include a water communion. Whether you travel this summer in spirit or in body, bring a sample of water from a place that is special to you: a beach, a spring, a kitchen sink. We'll combine our waters and tell our stories. Logistical details will be shared as we get closer to the date. Service leader to be determined.

**Save your treasures for the UU Auction** - If you're cleaning out your garage, set aside (and photograph) your special treasures for the UU Auction coming later this year. Each year we auction off our talents, services, homegrown vegetables, homemade goods, arts, crafts, and closet treasures to raise funds for our UU congregation and for our Low Income Heating Assistance Program. This year's auction will be online. For questions, contact carolyn@corbingroup.biz or littleredkayak@gmail.com.

**Decorah UU Support** - As we continue to find our way through this challenging time, please remember: **if you need help**, let Otter know via phone 563-387-6050 or email otterdreaming@gmail.com. We'll all need support of one kind or another during this time. Please don't hesitate to ask.

**Decorah UU Circles** - We are practicing physical distancing to stay safe in these times, but that doesn't mean we must be disconnected socially. Check in with folks in your Circle or others as well, and know that together we care for our UU family and friends. Contact Sue Otte if you have questions or comments: sueotte@gmail.com or 563-419-5396.

**Decorah UU Board of Trustees** - The next meeting of the Board is Tuesday, September 1<sup>st</sup>, 7:00 p.m. via Zoom. Board members for 2020-2021 are Matthew Alexander (chair), Beth Wahlberg (treasurer), Maggie Hayden, Julie Ohde and Lynn Pleggenkuhle.

**Decorah UU Service Archive** - Did you miss a service we conducted by Zoom? Or did you attend but would like to watch it again? You can! Go to [Decorah UU](#). There are two links to our new YouTube channel: a small YouTube icon in the upper right and a button in the middle that says "Watch past services on YouTube." Once on the YouTube channel page, you can choose the service you want to watch. We will try to post the link within one week of each service. Tip: If you want to see the bulletin or other information about the service, you can click on the SERVICE ARCHIVE button on the homepage. From there you can click on a service and then the "read more" link.

**Decorah Community Food Pantry** - With continuing unemployment and underemployment due to the COVID-19 pandemic, the Food Pantry has seen a significant increase in usage. Volunteers and monetary donations are needed to help meet the need. The best way to give money is to write a check to "Decorah Community Food Pantry" and mail it to the Decorah Community Food Pantry, PO Box 26, Decorah, IA 52101 or visit [decorahpantry.org](http://decorahpantry.org). There is a need for diapers, menstrual hygiene products and toiletries. To volunteer, go to [volunteer](#).

**Decorah UU Giving** - Decorah UU has set up online payment primarily for donations you might otherwise make in person at fellowship. Go to our [Decorah UU](#) homepage and click on the "Give Online" button, which will take you to the Giving page. There, you'll find the "Donate" button which will send your payment through PayPal. You do NOT need a PayPal account. You'll be asked to choose whether your donation is for **Share-the-Plate** or for **Decorah UU**. You can only choose one, so if you want to donate to both, you will have to repeat the process. You can use a debit or credit card. Below the "Donate" button on the Giving page, you may also consider two options for recurring donations. **Please note:** We deeply appreciate the gracious gifts of our members and friends, whether given on a weekly, monthly, or annual basis. We understand that present circumstances and uncertainty may affect your ability to make a financial commitment to Decorah UU. Know that we value your "gracious gifts" to our fellowship, in whatever form they may be.

**Decorah UU online** - For more information, please visit our website [Decorah UU](#) or our [Facebook](#) page.

**Member Emergency Fund** - Unforeseen troubles come our way from time to time. If you or someone you know in the fellowship could use some help, please let Otter know. We may be able to provide support or short term monetary assistance. Confidentiality will be respected.

**Mail Cheer** - Green Iowa Americorps has made a program for people who feel isolated during the pandemic. To give or receive these friendly letters, call *Green Iowa Americorps* at 563-293-5075, or visit the *Decorah & Winneshiek County Mutual Aid Network*.

